



**NATIONAL
DRIVING ACADEMY**
SAFE DRIVING, FOR LIFE



DEFENSIVE DRIVING COURSE

HOW TO PREVENT YOURSELF FROM BEING IN A CRASH

BEING A YOUNG OR INEXPERIENCED DRIVER SIGNIFICANTLY INCREASES THE CHANCES OF HAVING A CRASH.

If you're a P-Plater, the National Driving Academy Defensive Driving Course can help you reduce risk and also improve your driving experience. We pick up where your Learner driving instruction finished.

The course is based on both classroom lessons and practical sessions in a safe, non-judgemental training environment, where participants can learn valuable on-road skills that can be used in real life situations.

Our Defensive Driving Course can show you how to prevent yourself from being in a crash.



WHY PARTICIPATE IN THE DEFENSIVE DRIVING COURSE ?

We help you learn what to do, how to think and manage your attitude more effectively on the road. We help increase awareness of vehicle dynamics and suggest skills for crash avoidance by focusing on behaviour, cognition and emotion.

The braking exercises are designed to teach the student how to maintain vehicle control under extreme braking conditions, as well as to gain a first-hand understanding of how speed affects braking distances.

The costs and benefits of risk taking are discussed and plans are devised to manage safety more effectively.



YOU WILL LEARN:

- How your attitudes, motivations and risk taking behaviour can affect your safety and that of other road users.
- How to conduct vehicle safety checks.
- Awareness of tyre health and care.
- Crash Awareness – how to predict crashes so you can avoid them.
- Low risk driving skills focusing on scanning, speed, reaction times and stopping distances.
- The correct system of vehicle control – seating, vision and steering.
- The correct braking techniques for both ABS and non-ABS vehicles.
- Skid causation, basic skid control and skid prevention.
- How alcohol and drug impairment impact on driving.
- Road laws refresher.

DURATION?

9.00am to 4.00pm

WHERE?

Unit 9, 37 Kesteven Street
Florey, ACT 2615

WHEN?

Check our website for dates

WHO CAN ATTEND?

You must hold a Provisional Licence and have a roadworthy motor vehicle with insurance.

**BOOK NOW !
SPACES ARE LIMITED**

For course dates and to register to attend, visit nationaldriving.com.au or call **1300 922 797**
info@nationaldriving.com.au